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How to get started

Supported VR Headsets

Tennis Esports is published on the Meta Quest Store. We currently support the following devices:

Meta Quest 2, Meta Quest Pro, Meta Quest 3, Meta Quest 3s

How can I download Tennis Esports?

There are three ways to get access to Tennis Esports.

- 1. Take your Oculus Quest open the store and search for "Tennis Esports"*
- 2. Take your mobile with the Meta App installed ([Apple](#), [Android](#)). Search for "Tennis Esports" and download the app*
- 3. Navigate to our [Oculus product page](#), login with your Oculus account and initialize the installation from there.*

Is Tennis Esports FREE to download

Yes, Tennis Esports in a basic version is free to download from the Oculus Quest Store. In the free version you can experience our Tennis Physics as well as social components and multiplayer experiences.

Tennis Esports Premium

Check out what you get with our Premium Version of Tennis Esports [here](#).

Can I play with a VR Headset of a friend?

Yes! You can use a headset that belongs to someone else, just make sure to log in with your own Tennis Esports account when playing in VR. This will enable your opponent to know who they are playing against. Note that the Tennis Esports Premium Addon is bound to the Oculus account. If you login with your Tennis Esports account on another device your Premium status is dependent on the Oculus account on the Quest you are playing.

When buying coins on a foreign device you can credit any logged in Tennis Esports account with these coins.

Why do I need a fully registered Tennis Esports Account?

If you fully register your account you can restore your progress data. We have a so-called guest account that allows players to start into the game by only entering your Tennis Esports Username. We save your player progress data like ELO, Played Matches, Unlocked AIs, Configured Avatar, etc. As soon as you change your device or you logout from Tennis Esports you can only restore your TE Progress if you have registered with email and password inside Tennis Esports.

On top of that you are also able to login at <https://www.tennis-esports.com/login> to check your profile.

What is Discord?

Discord is our main communication channel for our players. It is intended to be used amongst players, to coordinate, exchange experiences, but also get in touch with developers.

In order to join our Tennis Esports Discord server use this invitation link: <https://discord.gg/8rcSArKJD4>.

Discord is a voice, video, and text chat application which can be used on your smartphone, or PC, but not available inside the VR App. We will use it to communicate with voice calls, video calls, text messaging, media and files in private chats or as part of the Global Tennis Esports community called a "server".

You can post messages, upload files, share images or connect through a voice or video call in real time, and can share your screen. The Tennis Esports server is organized into different text and voice channels to chat about different topics and see tournament announcements, rules, registration, match making, score reporting, help or practice matches.

Use the @ function to speak to anyone directly or post on any channel. This includes announcements, registration, matchmaking, match reporting, player chat and feedback, and help.

Can I share my results on Social Media?

Yes, be sure to tag us!

Instagram: [@tennisesports](#)

Facebook: [Tennis Esports by VR Motion Learning](#)

Youtube: [Tennis Esports](#)

LinkedIn: [Tennis Esports Inc.](#)

Game Play Topics

How can I customize my Avatar

If you hit the customize button (showing a pen) right next to your user icon and avatar preview you can modify your avatar.

Can I use my Oculus Avatar?

We do not support Oculus Avatars at the moment.

Can I play left-handed?

Yes! All game modes fully support left-handed players. When the left-handed setting is enabled, gameplay adjusts accordingly—for example, forehand training modes will send balls to your left side.

Can I turn off my microphone in the Social Club?

*Yes, you can mute your microphone in the Social Club. Press the **B** button to open the player list panel. At the top, look for the headset icon—this allows you to mute or unmute your microphone.*

What can I do if other players are misbehaving in the Social Club?

In the Social Club, you can mute individual players and hide their avatars. These actions only apply for your current session and will reset when you leave and re-enter.

How many Toss modes are available?

There are three different ways to toss a ball in Tennis Esports.

How do I move on court?

*There are three match movement types: **Teleport**, **Physical Move**, and **Thumb Move**.*

- **Teleport (Default Mode):** Use the weak hand thumbstick to set your target position on the court after hitting the ball. (Smooth Teleport, Recovery Teleport, and Movement Teleport are only visual settings and do not affect positioning logic.)

- **Physical Move:** A hybrid mode combining Teleport and real-world movement. You can use the weak hand thumbstick but must physically move within your available play space.
- **Thumb Move:** Move freely around the court using the weak hand thumbstick. You can enable **Auto Move** for assistance with positioning at the hitting point.

What are the differences between the difficulty levels?

Each difficulty level requires at least basic ball-hitting skills, but the amount of assistance varies:

- **Realistic:** No assistance, using our custom-developed physics for the most authentic experience.
- **Challenging:** Slight assistance to make gameplay a bit more forgiving.
- **Relaxed:** Some support, but you can still miss shots.
- **Arcade:** Maximum assistance—you have to make a major mistake to hit the ball out.

Difficulty levels do not apply to Multiplayer Matches.

Does the movement setting make me play better?

No, all movement modes have the same player speed, so no mode gives a direct advantage. However, your **court positioning** can be influenced by your chosen movement mode.

- **Teleport Mode:** Easier to control, with visual effects (Smooth, Recovery, Movement Teleport) that don't affect gameplay.
- **Physical Move:** Requires both teleporting and real-world movement within your play space.
- **Thumb Move:** The most challenging, especially with **Auto Move** disabled, as you must manually position yourself for every shot.

Ultimately, performance depends on how well you adapt to your chosen movement style.

Does Tennis Esports support Tennis Adapters?

Yes! Tennis Esports supports the most common VR tennis adapters, including:

- **VR Sports Grip**
- **Tennis Esports Handle**
- **ProSwing Quest 2**
- **ProSwing Quest 3**

Additionally, you can customize your own handle using the **Custom Offset** option and align it with your real-world grip by pressing the **grip button**.

How can I play one handed?

The best way to play one handed is to use the serve toss mode “Above Head”, and put the weak hand controller to the side.

How can I rotate the racket for different strikes?

You can customize racket rotation for each stroke type (Forehand, Backhand, Volley Forehand, Volley Backhand, Serve) in the Main Settings > Grip menu.

- **Primary rotation** is applied automatically based on the incoming ball and your position.
- **Secondary rotation** can be manually activated in-game by holding the trigger button before striking.

How do I get T-Coins?

You can purchase T-Coins through various add-ons on the **Oculus platform** or directly from the **in-game shop**.

How can I play a match with my friend?

The easiest way to play a match with a friend is through the **Social Club**:

1. **Meet in the Social Club** – Make sure both you and your friend are in the same Social Club session.
2. **Set up a Match Challenge** – Use the in-game options to challenge your friend.
3. **Start playing** – Once the challenge is accepted, the match will begin.

Techzone Related

Which hit types are currently supported in the techzone addons?

There are two Addons available. The [TechZone Forehand Topspin](#) and the [TechZone Backhand Topspin](#).

Is the TechZone functionality included in the Premium Addon?

No, our analytical TechZone functionality is packed into two separate addons.

Competitive Modes

What does ELO mean?

ELO is a rating system that measures a player's skill level in multiplayer matches. Your ELO score changes after every ranked match (Instant Match), based on your opponent's rating, your past performance, and the outcome of the match. The points you gain or lose depend on these factors, ensuring a dynamic ranking system.

What is the difference between Ranked and Unranked matches?

- **Ranked Matches (Instant Matches):** Affect your **ELO rating** and **leaderboards**. Players are automatically matched with an opponent, with no control over who they face.
- **Unranked Matches:** Do not impact **ELO** or **leaderboard positions**. These include **Custom Matches** and **Social Club Challenges**, where players can also choose their opponents.

Are Instant Matches always ranked competitive matches?

Yes!

Is skill-based matchmaking used in Instant Matches?

*Yes, Instant Matches use **skill-based matchmaking** based on your **ELO rating** to ensure fair competition. However, you have the option to **extend the search range** in both directions, allowing you to face higher or lower-ranked opponents for a greater challenge or a more balanced match.*

How do you calculate Ranked Matches earning Leaderboard Points

*When playing **Instant Matches**, you can win or lose Match Scoring. At the start of each leaderboard reset, all players begin with 0 Match Scoring, ensuring a fresh and fair competition.*

- **Winning Points:**
 - 1st win: 100 points
 - 2nd win: 90 points
 - 3rd win: 80 points, and so on.
 - From the 10th win onward, you always earn 5 points per win.

- **Point Stealing Bonus:**
 - The winner also takes 20% of the loser's points after the match.
 - Conversely, the losing player's total points are reduced by 20%.

This system rewards consistent performance while allowing for dynamic shifts in the leaderboard rankings throughout the event.

What are the match rules?

*Matches follow **standard tennis rules**, with the following key points:*

- **Scoring:** Matches use traditional tennis scoring (points, games, sets).
- **Faults & Double Faults:** A missed first serve results in a second serve. A missed second serve loses the point.
- **Out Calls:** Balls landing outside the court boundaries are considered out.
- **Serve Clock:** Players have **25 seconds** to serve.
 - First violation: **Warning**
 - Second violation: **Loss of serve**
 - Third violation: **Loss of point**
- **Disconnections:** If a player **disconnects** or **loses connection**, they **forfeit** the match.

These rules ensure fair play and a competitive experience.

Which match scoring modes are supported?

Tennis Esports matches can be played with three different scoring modes:

- **Ten-Point Tiebreak** – First to 10 points, quick matches (~3-5 min)
- **Single Set (No-Ad)** – One full set with no-ad scoring (~10-25 min)
- **Best of Three Sets** – Full-length match format (~up to 40 min)

Each mode offers a different balance between speed and competitive depth.

Tennis Esports Events

How can I participate in Tennis Esports events?

- **Premium users** have automatic access to all events.
- **Free users** can participate by using **T-Coins** as an entry fee to unlock the current event.

How long does each event last?

Each event lasts **3 weeks**, giving players time to compete in different game modes and climb the Event Leaderboard.

How do I earn Event Points?

You can earn **Event Points** by competing in two key game modes:

- **Instant Match Event (resets weekly)** – Earn points based on your ranked Instant Match performance. Points are awarded at the end of each week.
- **HitEmAll (HEA) Event (runs for the full event duration)** – Your final ranking in this HEA challenge will be converted into Event Points at the end of the event.

How does the Instant Match Event work?

The **Instant Match Event** tracks your performance in ranked Instant Matches on a **weekly basis**. Your weekly rank determines how many **Event Points** you earn. Since the event lasts **3 weeks**, you can collect **Event Points up to three times**.

How does the HitEmAll (HEA) Event work?

The **HEA Event** is a special **HitEmAll challenge** that runs for the entire event duration. At the end of the event, your **HEA rank** is converted into **Event Points** for the Event Leaderboard.

What is the Event Leaderboard?

The **Event Leaderboard** tracks your overall ranking based on the **Event Points** you collect from **Instant Matches** and **HEA challenges**. Your final rank determines your success in the event.

What can I win by ranking high on the Event Leaderboard?

Achieving a high rank can earn you **real prizes, Tour Points, and Special Points** (such as points for the **Race to Las Vegas**).

Tennis Esports Tour

What is the Tennis Esports Tour?

The **Tennis Esports Tour** is the ultimate leaderboard that tracks player performance over time. Players earn **Tour Points** by competing in regular **Tennis Esports** events.

How do I earn Tour Points?

You can earn **Tour Points** by participating in regular **Tennis Esports** events. The better you perform, the more points you collect.

Do Tour Points expire?

Yes, **Tour Points** expire after 6 months, ensuring that rankings reflect recent and consistent performance.

How is the Tennis Esports Tour Leaderboard updated?

Your **Tour Points** from events are automatically added to your total and reflected on the **Tennis Esports Tour Leaderboard**.

Can I lose Tour Points?

No, you don't lose points for losses, but since **Tour Points** expire after 6 months, you need to keep competing to maintain or improve your ranking.

Do all events contribute to the Tennis Esports Tour?

Yes, all **official Tennis Esports** events award **Tour Points** that count toward the **Tennis Esports Tour Leaderboard**.

What is the Event Points distribution?

Event Points are awarded based on your **final rank** in an Instant Match Event or HitEmAll Event Leaderboard. Here's the breakdown:

Instant Match Event / HitEmAll Event Rank	Event Points
1	1000
2	600
3	400
top 5	300+
top 10	200+
top 50	100+
top 100	50+
top 500	20+
top 1000	10+
top 5000	5+
top 10000	1+

How do I see my ranking and how often is it updated?

Rankings are displayed daily on the website leaderboard [here](#). You will be able to see overall matches won and the number of matches played and various other statistics. You can see the standings of other registered players and see which games they have played.

World Tennis Esports Championships (WTEC) 2025

What is the Race to Las Vegas?

The **Race to Las Vegas** is the qualification process for the **World Tennis Esports Championships (WTEC)**, held annually in Las Vegas. Players must compete in selected events and earn **WTEC Points** to qualify.

How do I qualify for the World Tennis Esports Championships (WTEC)?

There are **two ways** to qualify for the WTEC:

1. **Top 8 Players from Regular Events:** The **8 players** with the highest **WTEC Points** from selected events earn a ticket to the WTEC.
2. **Top 8 Players from National Leagues:** Another **8 players** qualify through their **National Championships**, representing their country.

Which countries have National Championships for WTEC qualification?

The **National Championships** are held in:

- **Austria**
- **Germany**
- **Switzerland**
- **UK & Ireland**
- **India**
- **Canada**
- **United States**

What are the requirements to participate in WTEC?

To qualify and compete in the **World Tennis Esports Championships**, players must:

- ✓ **Be 18 years or older** (exceptions may be made).
- ✓ **Have a minimum ELO of 1,600** in Tennis Esports.
- ✓ **Fully register their Tennis Esports account.**
- ✓ **Be a member of the Tennis Esports Discord.**
- ✓ **Agree to participation waivers and sportsmanship agreements.**
- ✓ **Be available to travel to Las Vegas.**
- ✓ **Submit a short player portrait video** and actively engage on **social media.**

Where can I find more details about the qualification process?

You can find the full qualification rules on:

- **The Tennis Esports Discord** in the “**VR Tennis National Leagues**” channel.
 - **The official website:** www.ivtf.org
-

National Leagues

How can I join a National League?

You go on to the Discord category “VR National Leagues” and join one of the country channels for further information:

- **Austria**
- **Germany**
- **Switzerland**
- **UK & Ireland**
- **India**
- **Canada**
- **United States**

When do the National Leagues begin?

Each country has a different events and starting dates. Please go on to the Discord category “VR National Leagues” and join one of the country channels for further information:

Are there any requirements to participate in a National League?

To qualify and compete in the **National League**, players must:

- ✓ **Be 18 years or older** (exceptions may be made).
 - ✓ **Have a minimum ELO of 1,600** in Tennis Esports.
 - ✓ **Fully register their Tennis Esports account.**
 - ✓ **Be a member of the Tennis Esports Discord.**
 - ✓ **Agree to participation waivers and sportsmanship agreements.**
 - ✓ **Must have the country flag on the players profile and be a citizen or resident of the country.**
-

Technical Questions

I can't log into Tennis Esports. What should I do?

If you're having trouble logging in, try the following steps:

1. **Quick Login:** If you were previously logged in on the device, check the **Login Section** for a **Quick Login** option. Select your **Tennis Esports username** and click **Login**.
2. **Check Your Internet Connection:** Ensure your device is **online** and connected to the internet.
3. **Try Creating a New Account:** If login issues persist, attempt to create a **new account** to see if the issue is account-related.
4. **Contact Support:** If none of these steps work, reach out for help via:
 - o **Discord** (recommended for fast support)
 - o **Email:** support@vr-motion-learning.com

I forgot my password. How do I reset it?

Only fully **registered VR accounts** can recover a password. Follow these steps:

1. **Go to:** <https://www.tennis-esports.com/login>
2. Click on **"Recover Password"**.
3. Enter your **email address** associated with your account.
4. Check your **email inbox** and follow the instructions to reset your password.

If you don't receive an email, check your **spam folder** or contact support@vr-motion-learning.com for further assistance.

What is my PING?

PING is used to describe the time it takes for you to reach our server and get the response. **THE LOWER THE BETTER**, this means less delay. For a perfect experience the ping for each player should not be higher than 130 ms, however it is still playable up to 250 ms.

We use one server for all our players around the world to provide enough players for finding matches. If you have some friends around the corner you can choose the option "local server" to have a better connection, but be aware that on local servers the chance to find an opponent is very low.

What should I do if I am having connection issues?

If you're experiencing connection issues, try the following:

1. **Use a stable Wi-Fi connection** – A strong and reliable **Wi-Fi router** can improve connectivity.
2. **Move closer to the router** – Reducing distance and obstacles can enhance signal strength.
3. **Restart your router and device** – Power cycling both your router and VR device can resolve temporary issues.
4. **Check for network congestion** – Other devices streaming or downloading can slow your connection.

If issues persist, check your **internet speed** or contact your **internet provider** for further assistance.

I don't remember my Tennis Esports account?

If you are having trouble remembering your account details including your linked email address, please contact our help channel on Discord or contact the Tennis Esports team via our website <https://tennis-esports.com/contacts>

How can I report any other problems?

Players can report any issues they have with gameplay, discord or tennis-esports.com on the ['support-ticket'](#) discord channel. There will be a moderator who checks the channel on a regular basis, and will do their best to provide useful information.

Can I watch or stream matches?

With our Windows application "Tennis Esports Remote Spectator" matches can be spectated. Please request this link.



1) How can I coordinate time zones globally?

When you create a match, be sure to specify the timezone that you are in. Other players' in other locations which may be in a timezone different to your own. It is therefore very important that both players coordinate the time. [World Clock Converter](#).

Use 'Friend Time'

In addition, you may also check the time differences across regions in discord. Be sure to install "Friend Time"

Simply enter a message including a 12h hour time e.g. 5:00pm, and a list of the time differences and locations will appear in the chat. See the images as helpful references and guides

What is Friend Time?

To help you coordinate matches with players from different time zones we have installed the 'Friend Time' BOT. To use this helpful feature, all you have to do is write your local time in the text box of the 'registration' or 'match-making' channel and then check your direct message inbox. Follow the instructions to set up 'Friend Time' and this feature will help you to schedule matches with players from different time zones from across the world.

You can use the feature by typing in the 'Match-making' channel your local time e.g. 5:00pm, and a list of the time differences and locations will appear in the chat. You will easily be able to see up to 10 different time zones from major cities across the world.



